

**ORANGE COUNTY INTERGROUP OF OA, INC.**

**Intergroup Meeting Minutes**

**10-10-2024**

The virtual Zoom meeting was called to order at 7:31 pm with the Serenity Prayer by Domingo R, Chair.

**Board Members Present**

Domingo R, Chair

Missy S, Treasurer

Susie S, E-Media Manager

David F, Publications

Regina H, 12th Step Within

Nancy G, acting secretary

**Board Members Absent:**

Rebecca W, Activities

Janet H, Office Liaison

**Guests Present:**

none

**Board Positions Vacant:** Vice Chair, Meeting Liaison, and Public Information. (3) Region 2 Representatives and (1) World Service Conference Delegate (each non-board) positions also remain vacant. Requirements – 6 months abstinence and finished 5<sup>th</sup> step. Have to come to the meetings. Job descriptions on the OAOCI.ORG.

Roll call taken via names in the chat (a few people might have been there but did not sign in)

In attendance:

17 meeting reps (see below – reps who have been there before but were not there today have a strikethrough of their name)

6 board members,

Susie made a motion to give each IG rep the opportunity to speak about themselves (ESP – experience/strength/hope), and if they like, talk about their meeting - why they serve and what they get from serving.

Rita seconded the motion

Talking about motion – Caroleena – suggested that service board members also be given the opportunity to do that.

# in attendance: 23

Vote: 20 in favor

0 opposed

1 abstain

(2 votes missing)

Domingo asked if someone wanted to share for 10 minutes. Jessica said that we used the 10 minutes to do the vote and it was decided that that would be the 10 minutes for today.

Roger read the 12 traditions.

Terry read concept of the month

Domingo talked about 7<sup>th</sup> tradition and going to donation link (put in the chat by Missy)

Talked about upcoming board elections (December) and what the requirements are – 6 months abstinence, and show up at board and intergroup meetings

Currently vacant – Vice Chair (works with Domingo and if Domingo can't be there – VC chairs the meeting – possibly other duties that come up), Public Info (small or large as want – reach out and have events, call people, committee of people who call), Meeting Liaison – stay in connection with meetings – go to each meeting throughout the course of the year at least once – let people know at the meetings that they are there and what their function is)

In December – positions are up and people can run for them if they want: Vice Chair, Treasurer, Activities Chair, Publications Chair, Public Information, 12<sup>th</sup> Step Within Chair, Meeting Liaison needs to be filled through Dec 2025) The people who hold those offices can keep them if no one else is interested, and if others are interested, there is a vote.

Susie made flier about the roles and what they entail. The flier is available on the website.

Questions? None

## **BOARD REPORTS**

### **CHAIR**

**Domingo** – his mission is getting OA out to people in the Spanish speaking communities.

Susie made a flier available on website talks about anyone who is interested in starting a Spanish speaking meeting or coming to one. If anyone is interested, they can reach out to Domingo – his info is on the OAOCA website.

Susie and he are currently working with people in LA and OC to get these meetings going.

Domingo is focused on starting a face-to-face meeting in Boyle Heights – near where grew up – and mentioned that it would be great to have a “sister meeting” with an OC group – asked for people to call if interested in meetings, and/or wants a role in the IG.

Talked about the idea in the Board Meeting regarding the Birthday Party in LA, and how it might be great to have a flier and sticker to call out OC people so we can connect.

Susie asked if we wanted to set aside funds for LA birthday party – put together a pamphlet or something for OC people. Motion was not actually considered. (Maybe next time?)

Domingo will contact LA re the b-day party and the OC participation.

Debbie decided she would love to brainstorm with Susie regarding what to do for the b-day party – they exchanged info.

Domingo asked for old and new business

Terry received a flier from Region 2 regarding a diversity workshop to find ways to make our meetings welcoming to all people. October 19<sup>th</sup> is the virtual workshop. 10/19 from 10:30-12:30pm – the flier is going to be put up on the website.

Jessica mentioned that that flier is also available in Spanish.

Rita – new topic.

Wondering if there is a way to use the newsletter to highlight meetings that need support.

Perhaps highlight a meeting or two each month in the communique. Dave said to send him information and he’d love to do that.

### **VICE CHAIR:**

Vacant.

**SECRETARY:****Secretary - Nancy G.**

Talked about only being an active secretary because of not having the abstinence requirement in place.

Carolina approved last month minutes and Steven seconded that.

**TREASURER:**

**Missy** – out of country till this weekend – so no financial reports for this month – so next month present both of them (Sept and Oct). Regular expenses – payroll, utilities.

Jessica had a question – asked to do a simplified balance report so she can tell people at the intergroup meeting the information. The actual spreadsheet is pretty confusing. Missy said she would do that.

Budget prep meeting for 2025 – to be held Nov 30<sup>th</sup> via zoom at 10am. All are welcome to bring any ideas for new ways to spend funds, etc. Anyone can be there and make suggestions or to just see what and how things are done.

**12 STEPS WITHIN:**

**Regina** – Flier on website for our in-person event Nov 16<sup>th</sup> – stepping through the holidays. Info is on the website including her name and number. We are still looking for speakers to talk for 10 minutes on the steps with an emphasis on food in the holidays.

Susie question – asked Regina to describe the vibe – she thinks great time to chit chat and meet people – “parking lot” time – trade numbers, etc. Social time.

3-hour event but not 3 hours of speakers so there will be “parking lot” time. Fellowship big part.

Domingo question – does Regina need help putting it together – before or there on the day? She indicated that she could use help. The city will set up the room. People should reach out to Regina if they want to help. Domingo encouraged asking meeting members to serve if they wish.

**ACTIVITIES CHAIR:**

**Rebecca** Absent

**E-MEDIA MANAGER:**

**Susie** – not called on – (but, and I quote, “I don’t care,”). She’s making fliers and updating the website

**MEETING LIAISON:**

Vacant.

**OFFICE LIAISON:**

**Janet** absent today

**PUBLICATIONS:**

**David** - term is up in December so if anyone wants – easy job – every 2 months update and send out to group. Submit birthdays and anniversaries – [publications@oaoci.org](mailto:publications@oaoci.org)

Asking that if anyone wants to submit stories of success or challenges – especially, now, about holidays and food – possible recovery stories – to submit them They must be 250 words or less. There is space for 2 stories. The deadline for submission for the next Communique is October 23<sup>rd</sup>.

Nov 1<sup>st</sup> – is when the next communique will be sent out.

Domingo talked a little about a story when he realized on New Years morning that there is life after abstinence. They were all sober and abstinent and played games and when went home he thought “this is what life is like without compulsive overeating.”

Caroleena mentioned that meetings can put their meeting format on the oaoci site – which is helpful so that people looking for a meeting can see what the meeting entails.

Reps can go back to meeting and during the next group conscience, they can see if the group wants its format on the site. This is also a good idea in case a meeting leader is needed and the format is needed to run the meeting. Meeting reps can submit the format to the board and it can be posted.

Debbie talked a little about her meeting since we had some time. Hers is the Wed night 6-7pm meeting. It used to be laguna hills meeting – small meeting – literature meeting – get more variety – using many different books, now doing 12 and 12 now – lots of older members with long-term abstinence. Good meeting with nice people from different places.

**PUBLIC INFORMATION:**

Open.

**Old Business:**

None

**New Business:**

None

The Meeting was adjourned at 8:29 pm with the Serenity Prayer – we version

Respectfully submitted,  
Nancy G., acting secretary

Meeting Rep Attendees:

**DAILY**

6:30am zoom Cheri

**SUNDAY**

10:00am in person Costa Mesa Katie

10:30am zoom Tracy

6:00pm Virtual Bridgette

6:00pm Whittier in person Sunny K  
Did not put info in – but thought he was there

**MONDAY**

10:00am Costa Mesa Bay Street Terry

~~10:00am Orange Joanne G~~

6:30pm San Juan Cap Virtual Caroleena

**TUESDAY**

10:00am MV in person Catherine (new rep)

~~7:00pm Virtual Bonnie~~

7:00pm Fullerton Karen

**WEDNESDAY**

6:00pm Laguna Hills (prev) Zoom Debbie P

7:00pm Whittier live Carolina

7:00pm Virtual Bay Street Danielle

**THURSDAY**

6:30pm Virtual Spiritual Rhea T

6:30pm Orange Steven

7:00pm Costa Mesa Rodger

(did not sign in but was there)

7:00pm Costa Mesa Pizza Box (Virtual) Rita

**FRIDAY**

10:00am Costa Mesa (zoom) Jessica H

**SATURDAY**

9:30am Huntington Beach hybrid Pam