

Orange County Intergroup of Overeaters Anonymous
Intergroup Meeting
March 14, 2024 7:30 p.m.

Chairperson Pro Tem, Missy S., called the meeting to order at 7:31 p.m. with the Serenity Prayer.

Reps present:

Sunday

Wendy—Sunrise meeting every morning. Virtual. Sunrise Meeting 6:30 a.m.

Katie C—Victoria Street College Hospital 10:00-11:30 a.m.

Sunny K.—Sunday 7:00-8:00 p.m. Whittier meeting.

Monday

Nina—Night Owl 9:00 p.m. Virtual

Lady V—Costa Mesa Bay Street 10:00 a.m. Virtual. Literature Study

Carolina—San Juan Capistrano. Virtual. 7:00 p.m.

Shelley D.—San Clemente/Capo Beach 7:00-8:00 p.m. In person

Tuesday

Anna—Mission Viejo 10:00 a.m. Hybrid

Alison—Women's Journal Writing. 7:00-8:30 p.m. Virtual.

Wednesday

Steven—Whittier 7:00 p.m.

Ken—7:00 p.m. Bay Street. Virtual.

Thursday

Kim—Costa Mesa 7:00 p.m.

Jessica—6:30 p.m. Women's meeting. Virtual.

Friday

Saturday

Concepts of Service were read.

Board Members introduced themselves.

Five minute speaker was Regina, who shared about the 39th Annual Sweet Surrender retreat coming April 19-21, 2024 (Women)

Sunny K. told us about a new meeting in Whittier, on Sunday, in-person. 6:00-7:00 p.m.
Nina told us about the Night Owl Meeting. Monday. 9:00 p.m. Virtual.

If your meeting would like to share, or send someone to share as the 10-minute speaker at our Intergroup meetings, please contact Domingo to schedule.

Seventh tradition—please donate at oaoci.org.

Open positions:

Secretary

E-Media Manager

Vice-Chairperson

Public Information Chairperson

Region 2 Reps (we have one, we can have five. Not a voting board position.)

World Service Delegate (not a voting board position)

Board Reports:

- Publications (David)—Register at the OAOC CI website so you will be able to hear about events between the Communique every-other-month publications. Get on the email list!
- Events (Rebecca)—Nine people attended the Polynesian Dance class. It was fun and spiritual. Very meaningful experience. Upcoming activities may include: Meeting/Hike at Carbon Canyon park/Redwood Grove; Stitch and Pitch for crafters and sharing.
- Meeting Liaison (Nancy)—internet dropped off.
- 12th Step Within (Regina)—See five minute share above.
- Treasurer (Missy)—We are currently in a deficit position, which is typical this time of the year, mostly because of the money prepaid for the retreat. We have a prudent reserve of \$20K or so.
- M/S/C (Paula/Steven) to approve Treasurer's Report.
- Secretary (Paula)—January and February minutes were submitted on the website and forwarded to the Chairperson. Move approval of those minutes. Minutes of OAOCI meetings and the Board meetings are available on the website at OAOCI.org under the pull-down menu entitled "Intergroup". (M/S/C Paula/Jessica) approval of January and February minutes.

Wendy W. has agreed to be Vice-Chair and will help learn about Treasurer/Bookkeeping tasks.
Voting to approve was unanimous!

Chairperson Pro Tem, Missy, closed the meeting at 8:27 p.m. with the Serenity Prayer.

Respectfully submitted,
Paula F.