

Orange County Intergroup of Overeaters Anonymous
Intergroup meeting
January 11, 2024—6:30 p.m.

Present:

Board Members:

Nancy G-S.—Board Member, Meeting Liaison
Missy S.—Board Member, Treasurer
Domingo—Board Member, Chairperson
Terry L.—guest
Janet H.—
Rebecca W.—Activities co-ordinator
Regina H.—12th Step Within
Sharon P.—Vice chair
Wendy W.—meeting rep
Liz Toys—
Dave—Publications
Paula F.—Secretary
Alice N.—guest

Meeting representatives:

WendyW—Sunrise Meeting, Monday-Sunday 6:30 a.m., mniwendy@yahoo.com.
714.767.4939
Ken Thatcher—Wednesday night Bay Street,. 714.720.7777
Nina H—Night Owl, Monday 9 p.m. ninagraceh@gmail.com. 831.277.9035
Jessica—Thursday Night 6:30 p.m. Zoom
Diane—Tuesday night 7:00 p.m. Zoom dianekimbrol@gmail.com
Celia G—Tuesday 10:00 a.m. Costa Mesa Zoom
Steven—Wednesday 7:00 p.m. Hybrid Whittier
Kim—Thursday 7:00 p.m. Costa Mesa
Nancy—Sunday 10:30 a.m. Costa Mesa
Tracy—Sunday 10:30 a.m.
Heather—Tuesday 10:00 a.m. Mission Viejo

Chairperson Domingo called the meeting to order at 7:31 p.m. with the Serenity Prayer.

Ten minute special topic or speaker:

Alice N. shared about the Sweet Surrender Retreat and her experience of recovery with it.
Rebecca also shared her experience with the retreat.

Nominations for open board positions:

Public Information—

E-media Manager—

Office Liaison—Janet H. (elected)

Board reports:

Dave. Publications. No report. Add your name to the email list.

Janet H. Office Liaison. New.

Rebecca W. Activities. February 17th there will be a private Polynesian Dance class, all body types and fitness levels. Flyer will be available shortly.

Regina. 12th Step Within. No report.

Missy. Treasurer. Provided a year end report for 2023. Budget estimates were within \$200 of projections. Ended the year with \$29K+. In December the Board voted to retain a \$20K prudent reserve. The balance will go to World Service and Region 1 (70/30)

M/S/C (Steven/??) to give Missy permission to pay bills in January.

Secretary. Paula. December meeting minutes for approval. M/S/C (Paula/Steven)

Meeting Liaison. Nancy.