

**ORANGE COUNTY INTERGROUP OF OA, INC.**

**Intergroup Meeting Minutes**

**3-13-2025**

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**Highlights for Intergroup reports to your meeting:**

1. **Polynesian Dance Class** – March 29<sup>th</sup> from 11am-12pm in person in Orange, CA suggested contribution is \$10.00. [oaoci.org/events](http://oaoci.org/events) for flier; [oaoci.org/register](http://oaoci.org/register) to register.
2. **Right Side Out: Feelings and Recovery** – April 5<sup>th</sup> 10:00am – 12:00pm virtual. Speakers and sharing about the feelings we all have as members of OA. Suggested contribution \$7.00. [oaoci.org/events](http://oaoci.org/events) for flier; [oaoci.org/register](http://oaoci.org/register) to register.
3. **Sweet Surrender Women’s Retreat** – May 2 3:30 pm until May 4 11:30am near Idyllwild, CA. Again – [oaoci.org/events](http://oaoci.org/events) for flier; [oaoci.org/register](http://oaoci.org/register) to register.
4. Invite your meeting members to **sign up for the OA Orange County Intergroup Communique!** They can go to: [OAOCI.ORG/news](http://OAOCI.ORG/news).
5. Region 2 is asking for people to **fill out a survey** about their **experience in OA**. The link is: [https://www.surveymonkey.com/r/ff\\_eng](https://www.surveymonkey.com/r/ff_eng)

We still have board positions needing to be filled

**Vice Chair** – helps Chair where necessary and chairs meetings when Chair is away (there is a script)

**Meeting Liaison** – Stay in touch with meetings as you can, inform us of new meetings meetings and help keep the meeting contact people current.

**Also, Region 2 Representatives** go to Region 2 meetings (one virtual in Spring and one day in person before the convention) to keep our group informed about what the region is doing.

**QUALIFICATIONS TO BE ON THE BOARD:**

6 months of current abstinence

Completed 4<sup>th</sup> and 5<sup>th</sup> steps

Commit to monthly board and IG meetings (6:30-8:30) as able

Positions are usually for 2 year terms, but if you cannot fulfill the role, you can step down.

**Finances:**

Doing well with 7<sup>th</sup> tradition and exceeding our prudent reserve.

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**FULL MINUTES**

The Zoom meeting was called to order at 7:30 pm with the Serenity Prayer by Terry L, Chair.

**Board Members Present**

Terry L, Chair	Rebecca W - Activities
Susie S, E-Media Manager	Nancy G, acting secretary
Regina H, 12th Step Within	Jessica –e-media manager
Domingo - Treasurer	Dave - Publications

**Absent:**

Janet H, Office Liaison – unwell

**Intergroup Reps Present:** See end of report

A new IG rep this evening – Celeste – representing 9pm Monday – Nite Owls virtual

**Guests Present:** none

As we have no special topic this evening, we decided to have people speak about the meetings they represent or go to. To get information about attending these meetings, go to OAOCI.ORG meetings and you can find the information for attending there.

Terry: Bay street – kinder gentler meeting – Costa Mesa Monday 10am virtual

Donna A: Sunday night 6pm Lake Forest virtual meeting - 100 pounder meeting and it's nice to go where other people understand that amount of weight loss. Not everyone has lost that it's just that the majority of people have that to lose or have lost that.

Susie – Shower for your Soul – 7pm meeting – nightly review – some writing and mediation, sharing and gratitudes

Sharon – Wed 7pm Bay street – speaker meeting – been there forever in covid went virtual and now so many people from all over kept virtual – new comers meeting – great meeting

Molly – Bay street 10am costa mesa – large mtg. 25-35 women – wonderful speakers 15 minutes and then 45 – 60 mins sharing – open honest sharing – lots of recovery in the room.

Linda – Sunrise meeting 6:30am virtual – every day literature and sharing meeting 40 minutes 7 days a week – also in person Wed 10am in Temecula – literature and sharing 1 hour.

Karen – Tues 7pm virtual writing meeting – small group – women’s step each month go through the books and answer questions – open sharing at the end – small group lots of time to share – sharing honest and moving

Read 12 traditions – Miriam

Concepts – Terry 3<sup>rd</sup> concept

Invited donations

Elections for vacant positions: No takers – asked participants to talk to their meeting groups about filling those positions

#### **BOARD REPORTS**

**Nancy – Secretary** – meeting minutes were voted on and approved – we are taking roll via the names in the chat and on screen.

Terry shared about and showed where the minutes were on the site – also the news and how to subscribe for the Communique, and find old communiques there.

#### **Treasurer – Domingo**

Showed the income and expenses and balance sheet and then voted on expenditures for March you can see the financial reports on OAOCI.org on the intergroup site. Reports are available on OAOCI on the intergroup page on the site.

Voted on expenses for the month and approve the budget – Seconded by Miriam

Passed by consent

#### **Rebecca – Activities chair**

March 29<sup>th</sup> – Polynesian dance class for all levels and abilities. Fun as well as spiritual experience felt through music, culture and language. Last year a few people took the dance routine they learned and performed it at the Women’s retreat (the un-talent show).

In person in Orange, CA on Saturday the 29<sup>th</sup> at 11am.

Address on flier – asking for a \$10.00 donation – ticket tailor has the link to donate. You can get it by going to OAOI.ORG and clicking on the flier.

Women's Sweet Surrender retreat is coming up – Rebecca has been there a number of times and speaks very highly about the retreat and what is available there. Takes place near Idyllwild, California. Lots of fellowship. May 2-4 \$265 till April 1<sup>st</sup> – then \$290 – like a kids camp – not luxurious but comfortable.

Shared the acronym: GOD – Go Out Doors.

She thanked Steven and Regina for helping out at the vision board event last month. It went well and brought in some nice 7<sup>th</sup> tradition donations.

**Regina – 12<sup>th</sup> Step Within** – Weekend after the Polynesian dance – Right Side Out – speakers and open sharing on emotions – play on the movie Inside Out. Zoom event – asking for a \$7 donation – of course, that is not mandatory and all are invited. If you want to go and make the donation – the same link for the Polynesian dance will work for this.

Please advertise the events at your meetings. There are many other things happening all over Region 2 and you can go to the website:

**OAR2.org** – it is the body above ours and more people are checking it out. And more events are listed there including a trivia night. 10 intergroups are represented in California, Mexico, Hawaii and part of Nevada. Someone was curious about the Trivia night – it is part of San Fernando.

**Jessica – Emedia Manager** - updates info on websiste – if you know of a meeting time change or other changes, she can make them. Also if you want your meeting format put on the site, Jessica can help with that by linking it to your meeting information. Reach out to Jessica about that – make sure you have a group conscience that agrees before doing that on your own.

**Public info – Susie** – Getting ready to start on the OC Fair event. She thought it might be fun to have an in person meeting to work on posters once we know the dates.

**Publications- Dave** – go to OAOI.org to sign up for the Communique. if you have a birthday you can email to Dave to put in the communique.

Steven reminder that Region 2 has a member survey request – participate in taking it – gather information – the link is:

[https://www.surveymonkey.com/r/ff\\_eng](https://www.surveymonkey.com/r/ff_eng)

Carolina – announcement men’s retreat in Oceanside April 4-6 in San Diego Intergroup

Region 2 summer convention in Hollywood – only in person

As we are finishing early – we had more reps speak about their meeings.

Becky Wed Women’s Costa Mesa meeting – gentle kind meeting highly recommends it 10am

Carolina - Wed 7 pm Whittier hybrid – meet in a Church and online for others who can’t go in person – read out of 12 and 12 OA – steps and traditions – read and share and open sharing

Celest Mon 9am – OA 12 AND 12 read and share –

Meghan M Sunday 6pm Whittier – First Friend’s Churah – read from OA 12 and 12 and body and sexuality books welcoming

Pizza box mtg Thurs Costa Mesa at 7 – fun meeting – reading meeting and emphasizes having fun – lively

Sign off with the Serenity prayer at 8:31

**Meeting Rep Attendees:** 14 IG reps and 8 board members

Strikeouts have come recently but not this meeting.

**Terry L, Chair**

**Susie S, E-Media Manager**

**Regina H, 12th Step Within**

**Domingo - Treasurer**

**Rebecca W - Activities**

**Nancy G, acting secretary**

**Jessica –e-media manager**

**Dave - Publications**

**DAILY**

6:30am zoom Sunrise Cheri (Linda sat in for her)

7:00pm Shower for Your Soul virtual no rep

**SUNDAY**

10:30am ~~in person Costa Mesa~~ ~~Katie~~  
10:30am ~~zoom~~ ~~Tracy~~  
6:00pm ~~Virtual Lake Forest~~ ~~Donna A~~  
6:00pm ~~Whittier in person~~ ~~Meghan~~

**MONDAY**

10:00am ~~Costa Mesa~~ ~~Linda M. – new rep~~  
10:00am ~~Orange~~ ~~Joanne G~~  
6:30pm ~~San Juan Cap Virtual~~ ~~Jessica H~~  
7:00pm ~~San Clemente~~ ~~Kari B (new rep)~~  
9:00pm ~~On line nite owls~~ ~~Celeste~~

**TUESDAY**

10:00am ~~MV in person~~ ~~Catherine (new rep)~~  
7:00pm ~~Virtual~~ ~~Bonnie~~  
7:00pm ~~Fullerton writing meeting~~ ~~Karen~~

**WEDNESDAY**

10:00am ~~Costa Mesa women's virtual~~ ~~Becky C (IS THIS THE RIGHT TIME?)~~  
6:00pm ~~Laguna Hills (prev) Zoom~~ ~~Debbie P~~  
7:00pm ~~Whittier live/virtual~~ ~~Carolina~~  
7:00pm ~~Bay Street~~ ~~Sharon~~  
7:30pm ~~Virtual Bay Street virtual~~ ~~Danielle G~~

**THURSDAY**

6:30pm ~~Virtual Spiritual , Woman's new~~ ~~Caro alternate (Rhea T or Louanne C?)~~  
-6:30pm ~~Orange Virtual~~ ~~Steven~~  
7:00pm ~~Costa Mesa Pizza Box in person~~ ~~Miriam~~  
7:00pm ~~Costa Mesa Pizza Box (Virtual)~~ ~~Rita~~

**FRIDAY**

10:00am Costa Mesa (virtual) Molly

**SATURDAY**

9:30am Huntington Beach hybrid Julie C (new rep)

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